

# *Timothy's Topics*



**ST. TIMOTHY'S  PRESBYTERIAN**

***50th Anniversary***

***1957-2007***

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## **The First Page**

Thanks to Alex Mitchell for allowing me to use 'The First Page' to express my thanks to all who made my two years as Editor of Timothy Topics such an enjoyable time.

You as members of St. Timothy's have given me so much encouragement to keep you up to date on all the interesting people and events at St. Timothy's. It has been a pleasure to get to know so many members of St. Timothy's, not only those of you who are new to our Church family, but those who have worshipped at St. Timothy's for many years.

Special thanks go to my daughter Catherine Fournier, who not only edited articles, but also formatted the pages and then e-mailed everything to the printer. Thank you Catherine, we all appreciate all the work that you have done.

I received these words of wisdom from Vae Rankin and I think that this is a message to read and keep:

*EVERYTHING I NEED TO KNOW ABOUT LIFE,  
I LEARNED FROM NOAH'S ARK*

1. Don't miss the boat
2. Remember that we are all in the same boat
3. Plan ahead, it wasn't raining when Noah built the Ark
4. Stay fit; when you're 600 years old someone may ask you to do something really big
5. Don't listen to critics, just get on with the job that needs to be done
6. Build your future on high ground
7. For safety's sake, travel in pairs
8. Speed isn't always an advantage; the snails were on board with the cheetahs
9. When you are stressed, float awhile
10. Remember the Ark was built by amateurs, the Titanic by professionals
11. No matter the storm, when you are with God, there's always a rainbow waiting.
- 12.

May God continue to guide us at St. Timothy's. Thanks again and bless all of you in this very important family.

*Lois Hope*

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## **JOY UPDATE**

JOY, as defined in Websters is a thing that causes delight. It could be the birth of a grandchild, a little puppy or any number of things.

For those of us at St. Tim's, JOY is an acronym for JUST OVER YOUTH. It is a day time programme which provides an opportunity for adults in our congregation to get together for fun and fellowship. Between 10:00 am and 12:00, you might find a group of people enjoying a game of scrabble, playing cards or any number of other activities. There are always some who would prefer to watch the movie which is shown each meeting. At noon we all join together for lunch prepared and served by your coordinators.

The JOY Group meets the third Tuesday of every month and members of

the congregation and their friends are welcome. One of the concerns of your coordinators is identifying those who would like to come but need transportation. We made a point of calling people before our first get-together but we have been reluctant to continue this practice for fear of falling into the category of “nuisance callers”. We all hate them!!!

For those interested in joining us, the JOY Group will be meeting at 10 o’clock on the following dates:

◇ May 17 and

◇ June 21

We will break over the summer and start again in September.

Louise has done a great job on a songbook of golden oldies and our members enjoyed their first sing song last meeting.

Remember, if you wish to join us, and need transportation, please call. Providing transportation for you is not a bother, it would be a pleasure.

Your coordinators;

*Shirley, Jen, Ann-Louise and Louise*

### **Youth Service & Spring BBQ**

Such good works done at St Timothy’s! And our Sunday School has been learning all about them. That is why Mission is the theme of our Youth Service being held on June 12th, 2011.

Join us as we celebrate the good works done at St Timothy’s and as we praise God for the talents He has given us so that we may serve Him and our brothers and sisters in need. Then, join us after the service for our annual Spring BBQ. Bring a lawn chair and your appetite!

## HERON EMERGENCY FOOD CENTRE

*What can YOU do? Six Ways to Help the Food Bank.*

1. Support your local food bank through food donations! At present we are short of cereal, tuna, tinned vegetables and chick peas/kidney beans. Items placed in the shopping cart at the front entrance of the church are delivered to the food bank each week and are thankfully received. It is always exciting to to deliver the bonanza Reverse Offering gifts given on Communion Sundays which are a huge help in replenishing empty shelves.



2. Garden for your local food bank !This year, why not plant an extra row of veggies for the food bank? Fresh vegetables and fruit are so welcome for the clients and such a benefit to the nutritional value of what we can offer to them.

3. Support your local food bank through financial donations! With the ever increasing price of food and increasing number of clients, HEFC must purchase more food from its own funds to supplement our donations and the weekly food delivery from The Ottawa Food Bank. Just for the base supply offered to the clients, we are always buying bread, frozen orange juice, margarine, pineapple, milk (fresh and powdered), chicken wieners, rice and oatmeal. It all takes money!

4. Support your local food bank through your time! There are approximately 50 volunteers helping out - shelving food, dividing up bulk items, making up basic bags, serving the clients, unloading The Ottawa Food Bank delivery truck on Fridays, picking up supplies, etc.. Some come once a week, others more often. Students donate time to work off their 40 hour community service credit.

5. Support your local food bank with your talents! Others serve on the Board of Directors which meets once a month. At the moment, our treasurer is re-locating to Kingston and it is imperative to replace him. Laptop computer and software accounting package provided!

6. Walk in our annual Walkathon (based at St. Timothy's, last weekend in September) or pledge support for one of our walkers! Give of your musical talents to St. Timothy's community Christmas concert! All money received goes to HEFC and is a huge support.

For your gifts of food, money and time, HEFC thanks you! St. Timothy's has been constant in its support since it helped found the food bank 24 years ago.

We are located in the Heron Road Community Centre, 1480 Heron Road, on the second floor.

Hours of operation for food drop-off are:

- ◇ Tuesday afternoons, 1:30 - 3:30;
- ◇ Wednesday evenings, 6:30 - 8:30; and
- ◇ Friday mornings, 9:30 - 11:30.

For more information, contact Louisa Simms, our co-ordinator, at 613 - 737-9090. Louisa attends many of St. Timothy's functions to support us as we support her work. Check out our web-site [www.hefc.ca](http://www.hefc.ca), or speak to St. Timothy's Board representative, Phoebe Gowdy(613- 526 - 3559).

Many thanks and blessings to you all - have a safe, sunny summer!!

### **Breakfast Program**

Many decorated tins were returned brimming with coins. The coins were sorted, and rolled, and tallied.

Well done St Timothy's! We have collected over \$1000! This will go a long way in providing breakfasts to the students of Charles H. Hulse and Alta Vista Public Schools. Children learn better on a full stomach.

Thank you for making our Sunday School mission project such a success!

## Lives of the Saints

### *Saint Giles*

*Giles, hermit (d. c. 710).*

*Feast Day: September 1*

*Emblem: Arrow*

All that is known of this saint who became immensely popular in the Middle Ages, is that he was born in the early 7th century and founded a monastery at the place later called Saint-Gilles, near Arles (Provence, France) on land given by the Visigoth King Wamba.



His shrine became an important pilgrimage centre on the route for both Compostela in Italy and the Holy Land, as well as in its own right. A biography of him for the edification of pilgrims to his shrine was composed in the 10th century; including some startling wonders and anachronisms and one celebrated incident.

This legend has it the hermit, Giles, withdrew deep into the woods near Nimes, France, where his sole companion was a Red Deer. The hermit's retreat was finally discovered by King Wamba's hunters who pursued the deer to its place of refuge. An arrow was shot into the undergrowth, and when the king rode into the clearing he found Giles, himself wounded by the arrow, protecting the deer in his arms, with the hounds rooted motionless by an invisible power.

Variations of this tale are also associated with several other saints. In response to this miracle, the king built Giles a monastery in his valley, Saint-Gilles-du-Gard, which he placed under the Benedictine rule. Here Giles died about 710 AD.

From Province his cult spread partly through the Crusades to other parts of Europe. His patronage of cripples, lepers, and nursing mothers (based on the story of his giving shelter to the deer) aided by the belief that the invocation of Giles was so effective that his clients did not need full private confession, contributed powerfully to his popularity.

In England 162 ancient churches were dedicated to him, and at least 24 hospitals. Late in the Middle Ages, Giles was reckoned in Germany as one of the Fourteen Holy Helpers. His churches are often found at road junctions which travellers could visit while their horses were being shod in smithies near by, of which Giles was also

patron. The most famous churches in Britain dedicated to him are St. Giles, the High Kirk of Edinburgh, and St. Giles, Cripplegate, London.

Numerous Presbyterian Churches in Canada are dedicated to St. Giles (St. Catharines, Calgary, Toronto, Ottawa, Cambridge, Sarnia, Peterborough, St. George BC, Sydney NS, Etobicoke), as well as across the USA

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## The Fourteen Holy Helpers

The Fourteen Holy Helpers are a group of saints venerated together in the Middle Ages because their intercession was believed to be particularly effective, especially against various diseases. This group of Nothelfer (“helpers in need”) originated in the 14th century at first in the Rhineland, largely as a result of the epidemic (probably of bubonic plague) that became known as the Black Death.

<b>Name</b>	<b>Feast Day</b>	<b>Patronage</b>
Agathius	May 8	Against headache
Barbara	December 4	Against fever and sudden death
Blaise	February 3	Against illness of the throat and for protection of domestic animals
Catherine of Alexandria	November 25	Against sudden death
Christopher	July 25	Against bubonic plague and dangers while traveling
Cyriacus	August 8	Against temptation on the death-bed
Denis	October 9	Against headache
Erasmus	June 2	Against intestinal ailments
Eustace	September 20	Against family discord
George	April 23	For the health of domestic animals
Giles	September 1	Against plague, for a good confession, and for cripples, beggars and blacksmiths
Margaret of Antioch	July 20	During childbirth, and escape from devils
Pantaleon	July 27	For physicians, and against cancer & tuberculosis
Vitus	June 15	Against epilepsy, lightning and for protection of domestic animals

## St. Columba

Many know of St. Columba's accomplishments in his adult life. He was the person responsible for firmly establishing Christianity in what is now known as Scotland. Previous attempts had not been entirely successful. The purpose of this note is to give a little insight as to where he came from, some of his background and the significance of his name.

In the sixth century Ireland was ruled by various kings, some of whom were more senior than others. Columba was born on the 7th of December 521 AD in Gartan in what is now known as County Donegal, an heir of the High King of Ireland and thus a prince in the royal family.

As he was born into a Christian family, he was baptized by a priest and christened "Colum" which in Latin is Columba. Columba is the formal name he adopted in his adult life. The *Malcolm McLennan Gaelic* dictionary states that "Colum or Columb" in old Irish Gaelic means 'dove'. It also adds that the Latin and French equivalents are Columba. The *New College Latin* and *English* dictionary confirms this interpretation and it gives a separate word for pigeon – calman. In *Harrap's French* dictionary the French word for dove is columbe and the French word for pigeon is pigeon. A curious little twist to the French translation is that colombe is feminine and pigeon is masculine.

A dove is often presented as a symbol of peace. In literature it can be a symbol of innocence, gentleness and tenderness. The *Funk and Wagnall's* dictionary confirms this and adds that it can be used to refer to someone who has these traits. The *Oxford* dictionary states it may also refer to someone advocating negotiation instead of violence. All of this is, of course, consistent with the stature of someone like St. Columba.

In his youth Columba apparently lived very near to a Christian church and visited often to the point that he acquired the nickname Columcille. In Gaelic the 'cille' means church and thus his nickname is interpreted as church dove. Sometimes the 'cille' is changed to 'Kil' and one sees such names as Kilmuir, Kilmichael, Kildonan and others. They were all church names but some over the centuries have become place names.

Kirk is another Gaelic word used for church. (It is interesting to note that Gaelic has an alphabet of only 17 letters and the letter K is not one of them. The K and kirk may be a Scandinavian influence, i.e. due to the Viking "visits" to Scotland.)

Columba's Gaelic name Colum continues to be used as a Christian name although the spelling has changed to Colm. It can be found in some baby books that contain lists of suggestions for Christian names.

By the tenth century Christianity was firmly established in Scotland and credit for this was given to Columba. One couple in the royal family decided to name their eldest son in honour of Columba by having him christened as Mael Coluim mac Domnaill. The "Mael" is Gaelic for follower, believer or disciple of and has been anglicized as mal. Thus, he was named "disciple of Colm" son of Domnaill.

In 943 AD this son became the king of Scotland and we now refer to him as Malcolm the 1st. He was the first of four Malcolms to reign in Scotland, all within the next two hundred years.

A very interesting little book that goes into much detail concerning Columba was published here in Ottawa thirty five years ago by Reginald B. Hale. It is entitled "A Magnificent Gael".

As well as the various dictionaries referred to, it was one of my sources in preparing this note. There is a comment in the book that I think is worth repeating. It reads as follows: "In the story of Columcille there are few incontrovertible facts".

I wish to add that I shared the author's sentiment as I was going through various Gaelic dictionaries in an attempt to understand a little bit of the Gaelic language.

*Bill McColm*

Many Scottish and Irish names are preceded with Mac, Mc and occasionally M'. Mac in Gaelic dictionaries is interpreted as "son of". The other two are not found in Gaelic dictionaries as they are abbreviations of Mac. It appears that the Mc should have something to indicate that it is an abbreviation of Mac.

In the past it was sometimes written as M'c or the small c had two dots or two bars under it to indicate it was an abbreviation.

I have a 100 year old family document in my possession that has one bar under the lower case c. There would appear to be no substance to the story that the Mac and the Mc indicate whether your ancestors were Irish or Scottish or whether they were Protestant or Catholic. (Most of this is according to Google.)

## **An Easter Baptism**

On Easter Sunday, Caroline Loretta Bedell was baptised by Rev. A. M. Mitchell. As with all baptisms, it was a happy occasion.

Caroline was introduced to the congregation by the families' elder, Lois Hope and was joined by her parents, Gertrude and Gregory, her sisters Marvel and Beatrice and two sponsors, Caroline Iwasaki and William McComb.

We welcome Caroline to our church family and look forward to watching her grow as we remember our promise to her.





## **Easter Garden**

Christ is life! A lesson well learned through our living Easter Garden.

The children enjoyed building an Easter Garden depicting the Easter story: the garden, the three crosses and an open and empty tomb. Mary seeks Jesus but an angel tells her to seek him elsewhere.

The Easter Garden is adorned with live plants: a reflection of the abundant life we have through Jesus.

## We Remember

*DOBIE, Rev. Dr. George Edgar*

Our much loved husband, dad, grampa, great-grampa, minister, friend and colleague, passed away in Hospice House on March 5, 2011 at age 92. He was born in Port Arthur (Thunder Bay), Ontario on Jan. 6, 1919. He was educated at Queens, Knox College, McGill and Princeton (M.Th) and received an Honorary Doctorate of Divinity from Presbyterian College, McGill. He had many ministries in several parts of Canada including Indian Head, Saskatchewan; Fort St. John, B.C.; Burnaby (Garden Village Church); Red Deer, Alberta (Knox); Ottawa (St. Timothy's) and Woodstock, Ontario (Knox) over his career.

He is survived by his beloved wife of 65 years, Helen Marie (Petersen), and their six children: Judith Gunderson (David), Allan Dobie (Robin Scobie), David Dobie (Diane Burt), Sheila Dobie, Elizabeth Dobie Sarsam (Hassan), and Gwenyth Dobie (William Mackwood); eleven Grand-children: Kelsey Gunderson (Kathleen), Timothy Gunderson (Elena), Tyler Dobie, Logan Dobie, Elaine Bambrick (Ian), Reed Bambrick, Elron Lilgert (Erin), Brandin Lilgert (Elizabeth), Emily Sarsam, Mary Sarsam, Sofia Dobie Rizzo; and six Great Grand-Children: Emily Gunderson, Sarah Gunderson, Charlotte Gunderson, Elwyn Rhynold-Dobie, Xavier Rhynold-Dobie, Onyx Rhynold-Dobie. Other close family members include Patricia Bambrick, Karl Lilgert and Giancarlo Rizzo.

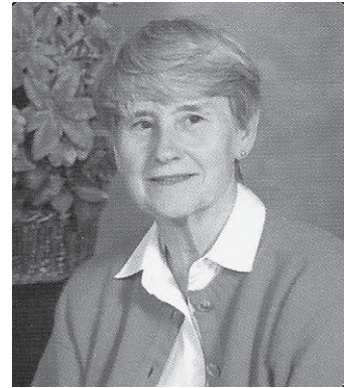
Dad had a "Gratitude Attitude" and felt richly blessed. He loved his Church, his beautiful wife and family and a wee dram of good scotch, not necessarily in that order. On the occasion of their 65th Wedding Anniversary last year, Dad gave Mom a card that contained this verse. We feel it expresses so much of how Dad felt about Mom and our family:

And it all begins with love, the love you give every day.  
I'm so thankful for the life we share and the happiness we've found together.  
We've grown into this life one day, one challenge, one celebration at a time....  
We've become a family with a crazy, funny runaround life.  
We've built a home, filled it with warmth and caring,  
made it a place where love and dreams can grow.....

Thank you for joining in this celebration of George's life. We are grateful for your presence. In lieu of flowers, please make donations to Presbyterian World Services and Development ([www.presbyterian.ca/pwsd](http://www.presbyterian.ca/pwsd)) *Judith Gunderson*

*LINDSAY, Lillian Grace (nee Moore)*

Peacefully at home with family by her side on Tuesday, April 5, 2011 at age 83. Devoted wife of Carl Lindsay. Beloved mother of Peter (Maree), Dave and Margaret Webb. Cherished grandmother of Matthew Post, Saralyne, Kate and Victoria Webb and proud great-grandmother of Matthew James. She will be deeply missed by her sister Trudy Kerr. Predeceased by her first husband, Wilfred Webb, son Michael Lindsay, brothers Charlie, Harold, Stanley and Errol and sisters Mabel, Violet, Dorothy and Margaret. Dear aunt and great-aunt to many nieces and nephews and a wonderful circle of friends.



The family would like to give thanks for the excellent care and support received from the nurses from At-Home Hospice, especially Joy and Amanda, Dr. Bill Splinter and Dr. Louise Coulombe and the Community Care Access Centre. In particular, the family wishes to express gratitude for the outstanding care provided to Lillian by her long-time personal support worker, Mary. Contributions in Lillian's memory may be made to The Hospice at May Court or Roger's House.

*FRASER, Mary (nee Waldie)*

Peacefully on Saturday, April 16, 2011. Beloved wife of Allan. Loving mother of James and Peter (Karen). Sister of the late Bruce Waldie. Loving aunt to many nieces and nephews living in Canada, U.S.A. and the United Kingdom. Her caring and loving spirit will be remembered by her many close friends, quilters and Lac Sam neighbours.



In memoriam donations to the Ottawa Regional Cancer Centre or a charity of your choice would be appreciated. Online condolences may be sent to [www.mcevoy-shields.com](http://www.mcevoy-shields.com)

## **We Came to Canada**

*Joseph Owoahene Acheampong*

My name is Joseph Owoahene Acheampong. I am married to Agartha Bediako Acheampong. I was born at Japekrom and Agartha was born at Berekum, two towns twenty miles apart in the Brong-Ahafo region of Ghana. We are blessed with three children: Cynthia Acheampong, Frederick Osei Acheampong, and Samuel Acheampong, who were all born in Ghana. We migrated to Canada in March 1997 and settled in Montreal, Quebec. Due mainly to the problem in obtaining an English education for the children, we moved to Ottawa in June of 1994.

Both of our families were strong Presbyterians and we both were born into and bred in the church. In fact, we met each other in the Japekrom Presbyterian church choir, where we were both choir members. Our children therefore had to be brought up in the same “family tradition.”

We started attending St. Timothy’s in July of 1994, during the time of Rev. Garry Morton, who along with the entire church, made us feel at home. I remember the gift of a large turkey from the Church on our first Christmas in Ottawa. We have since been attending service at the Church, but the children have grown and moved to different places for work. We also moved to Orleans in 2000, but still endeavour to attend church service as often as we can.

I am a nurse at the Ottawa Hospital, which means I must work every other weekend. Agartha is also a healthcare worker and this is the reason we are not at church every Sunday as we would like.

## **We Came to Canada**

*Shirley Joseph*

In this great and fascinating country of ours where peoples from nations around the world have chosen to make their new home, I too have chosen to make Canada my permanent homeland.

My name is Shirley Joseph. My former homeland was Guyana. Guyana is located in the continent of South America. It is situated 8 1/2 degrees north of the Equator, wedged between Brazil and Venezuela. Guyana covers an area approximately the size of British Columbia. It was formerly known as British Guiana. After its independence from Britain in 1966 it was renamed.

The name Guyana means “Land of many waters”. It is indeed a land of great rivers,

drained partly by the mighty Amazon and home to the spectacular Kaieteur Falls. This waterfall is world famous for having the highest single perpendicular drop of 740 feet.

As a young student of Geography, I learned a fair deal about Canada. After my student years, I seemed to move naturally into the teaching profession, a job which gave me tremendous satisfaction. I taught kids up to Junior High School level. My career extended for a period of twelve years.

After five years of marriage and two lovely sons, a three year old and a three and a half month old, my husband who had graduated with his first degree decided to pursue further studies overseas. He applied and was accepted at U.B.C. In August we arrived in Toronto, the following day we flew out to British Columbia. It was then that I realized what a vast country Canada is.

My husband accepted his first job in Kamloops B.C. Amidst all the necessary adjustments into our new Country I was anxious to see my first snowfall. It is hard to imagine white stuff falling from the sky, when your world has only been brilliant sunshine and torrential rains.

It was early December when we located in Kamloops. Each day I anxiously watched and checked the weather forecast. I was dreaming of a white Christmas as the song says. Alas it was not to be. I was very, very disappointed. Christmas day came and went and there was not a speck of snow. I grew weary of my constant watch and just gave up.

A few days after Christmas, I heard screams of delight coming from the kids on their way to school. I looked out my kitchen window and to my amazement, I witnessed a magnificent transformation of that brown and parched land, for the previous summer had been scorching and humid.

It appeared that the heavens had parted and dropped from its storehouse a blanket of pure glistening snow. The roofs of the houses sparkled like studded diamonds in the sunlight. The trees in the apple orchard stood fully dressed like brides ready to be part of a mass wedding ceremony. Kids were throwing snowballs at each other. A young Mother was pulling her one and a half year old on a toboggan with their puppy frolicking and barking excitedly.

It truly was a winter wonderland. One touch of nature had transformed the entire City and I was witness to this grand display. I stood in awe as I drank in the whole picture, for I knew that I would never forget the memory of my first snowfall.

I have lived in this beautiful Country for over forty years, made several moves, seen much of this fair land, raised two sons, worked in the Government and have seen many changes.

With all its joys, disappointments and everything else that life throws at us, I am pleased to say that it has been a wonderful life

## Spotlight on the Congregation -

*Lois Hope - 'It's easier to survive if you learn how to laugh'.*

Lois grew up in the Glebe and South Ottawa. Her mother was a single parent and Lois an only child. She was the youngest of all the cousins. At age 14 she was sent to a boarding school in Cleveland, Ohio where her mother's brother lived.

Lois feels this was the best thing that could have happened to her. The school was on beautiful grounds with lovely buildings and good food. She made lots of friends her own age and often visited their homes. The students were expected to take turns making meals, dusting and doing household chores, just like at home. By graduation she was qualified to work as an Assistant Dietician or a Home Economist.



Lois started her working career at Toronto's Queen Elizabeth Hospital for Incurables as an assistant Dietician and then at Women's College again as an Assistant Dietician. She returned to Ottawa and worked in the Test Kitchens of the Department of Agriculture testing Canadian food products and assisting in writing cook books. Lois left Agriculture to work for a private food company where there was more opportunity to meet people.

The brothers of her best friend were taking training given by Alex Hope, from Glasgow Scotland, on ships of Canada's Merchant Fleet. When they were on leave, the boys would bring Alex home with them. This is how Lois and Alex met.

It was 10 years before Alex asked her to marry him, she said 'Maybe'. A year later he asked again and this time she agreed. By then he was a 'Master Mariner Foreign Going' and captain of the largest (for that time) ocean going oil vessel in the world. During their married life he was away for months at a time. They moved often, living in Toronto, Chatham, Ottawa several times, Montreal, Glasgow, Liverpool and back to Ottawa. Lois and Alex were married for 29 years when he died at age 61 in 1985.

Lois and Alex had three daughters; Catherine, who has six children and helps with the preparation of Timothy Topics; Jane, whose home in the Laurentians where Lois prepares the wonderful shortbread for St. Timothy's Bazaar; and Margaret who makes her home in Calgary. All three grew up at St. Tim's.

In addition, she has 6 grandchildren and 4 great-grandchildren. Lois enjoys doing needlepoint and is in the process of making a Christmas stocking for her third great grandchild. She likes to cook, usually without a recipe.

Lois has taken several writing courses and is currently working on her memoirs entitled "27 Kitchens". (She moved a lot!)

Four years after Alex died, Lois, then in her sixties, went on her first blind date. She was taking a course at Algonquin to prepare for working with the Terminally ill. One of her instructors arranged for her to meet Munro Allen, a kind gentle man with a great sense of humour. They were married for 6 years, travelling and enjoying life.

Her home is full of family memorabilia, including paintings done by her mother as well as some by her daughter Jane. Pictures from her many travels, a Captain's chair from a favorite Aunt and Uncle, metal work by her Father and Grandfather are just a few of the eclectic collection in her home.

Lois and her family joined St. Timothy's in 1967 when they were building their house in Alta Vista. Lois has held many positions at the church, from being Chairperson of Pastoral Care to collecting bottles for a Fund Raiser. While Volunteering, Lois found working in Palliative Care very rewarding and has fond memories of the people she met.

She spent five years at the National Gallery as a member of the 'Looking at Pictures' program. The members of this program chose a portfolio of reproductions and after researching the Artist and the subject, then to the schools to introduce children in grades one to eight to great works of Art. Lois enjoyed Toastmasters, was President of the Auxiliary at the Riverside Hospital and is on the Board of Directors in her condo where she also writes the newsletter. She feels so much can be learned when you volunteer.

We at St. Timothy's will miss her involvement with Timothy Topics. Under her guidance our newsletter has been informative, interesting and always enjoyable. It's hard to believe that this outgoing, gregarious lady, who has such a wonderful sense of humour, was identified as painfully shy in her early school years.

*Favorite Hymn - Morning has Broken.*

Mark 1:9-11 And it came to pass in those days, that Jesus came from Nazareth, and was baptized by John in the Jordan. And straightway coming up out of the water, He saw the heavens opened, and the Spirit like a dove descending upon him: And there came a voice from Heaven, saying: Thou art my beloved Son, in whom I am well pleased.

